

YMCA July 4th Schedule

Facility Hours

Shadowbend & Branch Crossing

July 4th: 12:00pm - 6:00pm

Pool Hours

Shadowbend & Branch Crossing

July 4th: 1:00pm - 5:00pm

Child Watch Hours

Shadowbend & Branch Crossing

July 4th: 2:00pm - 5:00pm

Climbing Hours

Shadowbend

July 4th: Closed

Branch Crossing

July 4th: 1:00pm - 4:00pm

Fitness Schedules

Saturday, July 3rd:

Shadowbend

8:00am	Indoor Cycling	C
8:00am	Deep Water Aerobics	P
8:00am	BODYPUMP™	A
9:15am	BODYCOMBAT™	A
10:30am	Yoga 2 Challenge (75 min)	A

Branch Crossing

8:00am	BODYFLOW™	Studio
9:15am	BODYPUMP™	Studio
10:30am	Zumba™	Studio
11:45am	Belly Dance Fitness	Studio

Sunday, July 4th

All Shadowbend & Branch Crossing Classes Cancelled.



YMCA
of Greater Houston
we build strong kids, strong families,
strong communities.

South Montgomery County YMCA
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