

YMCA TRAIL RUN

Presented by



Event Date: May 9 ◆ 2009 Registration Form

In consideration of you permitting me, my child, ward or heir to participate in any programs or events pertaining to the YMCA Trail Run 5K Race, 3k walk and 1 mile Kid's Race, I the undersigned, or if under the age of 18, my parent or guardian, INTENDING TO BE LEGALLY BOUND HEREBY WAIVE AND RELEASE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES, WHETHER BASED UPON NEGLIGENCE OF ANY OTHER THEORY OF LAW, which I, my child, ward or heir and our parents, guardians, heirs, executors, representatives, administrators, and assigns may have against South Montgomery County YMCA, Conroe Family YMCA, Conroe's Incredible Pizza, YMCA of Greater Houston, any affiliates or subsidiaries, officers, directors, shareholders, agents and employees associated with said corporations and associations, the municipalities or counties in or through which programs or events take place or are conducted, as well as any other person, entity of sponsor connected to such programs or events, and their heirs, executors, representatives, administrators, successors, assigns, subsidiaries, officers, directors, shareholders, employees and agents, FOR ANY AND ALL INJURIES OR DAMAGES WHICH I, MY CHILD, WARD OR HEIR MAY SUFFER while taking part in such programs or events or as a result thereof. Specifically, I verify that I, or my child, ward or heir is in good physical health and able to participate in and/or complete the following event.

Signature: _____
(Required of all participants. If participant is under 18, parent or guardian must sign)

One entry form per participant/per event. Please print legibly.

Name: _____

Address: _____

City: _____ **State:** ____ **Zip:** _____

Phone Number: _____

E-Mail: _____

Age: _____ (as of 5-9-09) **Sex:** Male Female (circle one)

T-shirt Size: Youth: YS YM or Adult: S M L XL XXL (circle one)

Event Date: May 9, 2009

Check one only: **Early registration ends April 24, 2009**

If your child is participating in the 5K and 1 Mile, they will need to complete two entry forms.

- 1 Mile Kids Race , 7:30am** (ages 12 years and younger): **\$15 (\$20 April 25-May 8) \$25 on Race Day**
- 5K Race: 8:15am: \$20 (\$25 April 25—May 8) \$30 on Race Day**
- 3K Walk: 8:20am: \$10 (\$15 April 25—May 8) \$20 on Race Day**

For registrations received by April 24, 2009—please check one below.

- I will pick up my packet at the Conroe Family YMCA
 - I will pick up my packet at the South Montgomery County YMCA on Shadowbend Place
- All registrations received after April 24, 2009, packets available to pick up on Race Day morning**

Credit Card #: _____

MC VISA AMEX DIS (circle one) **Expiration Date:** _____

Signature: _____

*All information must be completed to process entry form. For more information please call Jennifer, 281-681-6738.
Sorry no refunds. This is a charity event benefiting YMCA Leap of Faith. Thank you for your support.
No pets, strollers, jogging strollers, wagons, bikes, etc . . . allowed on race course.*

Check payable to YMCA

Please send entry form and payment to:
Conroe Family YMCA, c/o YMCA Trail Run
10245 Owen Drive, Conroe, TX 77304
FAX: 936-441-9664 CALL: 281-681-6738



Check payable to YMCA

Walk in Registrations Available at
South County YMCAs,
6145 Shadowbend and 8100 Ashlane Way
The Woodlands, FAX: 281-367-3659