

YMCA TRAIL RUN

Presented by



Event Date: May 14 ♦ 2011 Registration Form

In consideration of you permitting me, my child, ward or heir to participate in any programs or events pertaining to the YMCA Trail Run 5K Race, 3k walk and 1 mile Kid's Race, I the undersigned, or if under the age of 18, my parent or guardian, INTENDING TO BE LEGALLY BOUND HEREBY WAIVE AND RELEASE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES, WHETHER BASED UPON NEGLIGENCE OF ANY OTHER THEORY OF LAW, which I, my child, ward or heir and our parents, guardians, heirs, executors, representatives, administrators, and assigns may have against South Montgomery County YMCA, Conroe Family YMCA, Conroe's Incredible Pizza, YMCA of Greater Houston, any affiliates or subsidiaries, officers, directors, shareholders, agents and employees associated with said corporations and associations, the municipalities or counties in or through which programs or events take place or are conducted, as well as any other person, entity of sponsor connected to such programs or events, and their heirs, executors, representatives, administrators, successors, assigns, subsidiaries, officers, directors, shareholders, employees and agents, FOR ANY AND ALL INJURIES OR DAMAGES WHICH I, MY CHILD, WARD OR HEIR MAY SUFFER while taking part in such programs or events or as a result thereof. Specifically, I verify that I, or my child, ward or heir is in good physical health and able to participate in and/or complete the following event.

Signature: _____
(Required of all participants. If participant is under 18, parent or guardian must sign)

One entry form per participant/per event. Please print legibly. ****Information required.**

****Name:** _____

****Address:** _____

****City:** _____ **State:** ____ **Zip:** _____

****Phone Number:** _____

****E-Mail:** _____

****Age:** _____ (as of 5-14-11) ****Sex:** Male Female (circle one)

****T-shirt Size:** Youth: YS YM or Adult: S M L XL XXL (circle one)

Event Date: May 14, 2011

****Check one only: Early registration ends May 1, 2011**

If your child is participating in the 5K and 1 Mile, they will need to complete two entry forms.

1 Mile Kids Race , 7:30am (ages 12 years and younger): \$15 (\$20 May 2—13) \$25 on Race Day

5K Race: 8:15am: \$20 (\$25 May 2—13) \$30 on Race Day

3K Walk: 8:20am: \$10 (\$15 May 2—13) \$20 on Race Day

****For registrations received by May 1, 2011—please check one below.**

I will pick up my packet at the Conroe Family YMCA

I will pick up my packet at the South Montgomery County YMCA on Shadowbend Place

All registrations received after May 1, 2011, packets available to pick up on Race Day morning

Credit Card #: _____

MC VISA AMEX DIS (circle one) Expiration Date: _____

Signature: _____

All information must be completed to process entry form. For more information please call Jennifer, 281-681-6738.

Sorry no refunds. This is a charity event benefiting YMCA Leap of Faith. Thank you for your support.

No pets, strollers, jogging strollers, wagons, bikes, etc . . . allowed on race course.

Check payable to YMCA

Please send entry form and payment to:
Conroe Family YMCA, c/o YMCA Trail Run
10245 Owen Drive, Conroe, TX 77304
FAX: 936-441-9664 CALL: 281-681-6738



Check payable to YMCA

Walk in Registrations Available at
South County YMCAs,
6145 Shadowbend and 8100 Ashlane Way
The Woodlands, FAX: 281-367-3659

YMCA TRAIL RUN

Presented by:



The 6th Annual YMCA Trail Run

"Presented by Conroe's Incredible Pizza"

Features a 5K Race, 1 Mile Kid's Race and 3K Family Walk at the Conroe Family YMCA. The course will wind through beautiful Camp Owen, an outdoor adventure camp located on 100 wooded acres, adjacent to the Conroe Family YMCA. The 2011 event benefits the YMCA Leap of Faith program.

Date: May 14, 2011

Time: 1 Mile Kids Race, **7:30a.m.** (Chip Timed)
5K Race, **8:15a.m** (Chip Timed)
3K Family Walk, **8:20a.m.**

Location: Conroe YMCA, 936-441-9622

10245 Owen Dr/Loop 336W in Conroe

Contact: For more information call Jennifer, 281-681-6738

On line registration available at www.ymcatrailrun.org

CHARITY EVENT

Leap of Faith is an Equine Assisted Therapeutic Riding Program located at the Conroe Family YMCA Equestrian Center. Leap of Faith is dedicated to serving riders with disabilities. Our horses, therapists and volunteers provide physical, mental and social therapies that help our riders expand the range of their abilities and encourage them to "pick up the reins of life." The program is subsidized through the YMCA Partners program & serves clients living in Montgomery County and surrounding communities. Financial Assistance Available—The YMCA strives to turn no one away due to inability to pay. Everyone is welcome.



For more information on sponsor and volunteer opportunities, please call Gary Louie, 281-221-0132 or Steve Wright, 936-441-9622.

